

## Useful Telephone Numbers

**RCA Trust (now on Inle Street) – 0141 887 0880**

**The Torley Unit - Addictions Day Services – 0141 314 4106**

**Integrated Alcohol Team (IAT) – Backsneddon Street – 0300 300 1199**

**Renfrewshire Drug Service (RDS) – Backsneddon Street – 0300 300 1199**

**Social Work Standby - 0300 343 1505**

**NHS 24 – 111**

**Alcoholics Anonymous – 0800 9177 650**

**Narcotics Anonymous – 0300 999 1212**

**Breathing Space – 0800 83 85 87**

**The Samaritans – 08457 90 90 90**

**National Drink Line – 0800 917 82 82**

**Rape Crisis - 08088 000014**

**Renfrewshire Women's Aid - 0141 561 7030**

**Domestic Abuse – 0800 027 1234**

**Know the Score – 0800 587 5879**